From the Principal

The Resilience Project
On Friday as part of our ‘Mindfulness’ Week, the children were totally engaged by Martin from the Resilience Project. The incursion covered character strengths and focussed on the themes of Empathy, Gratitude and Mindfulness. As a staff we were thoroughly impressed with the incursion and the messages which were given. As a school we will run this program next year as part of our wellbeing program.

Anaphylaxis Reminder
Anaphylaxis is a severe, rapidly progressive allergic reaction that is potentially life threatening. The most common food allergens in school aged children are peanuts, tree nuts, eggs, cow’s milk, wheat, fish and shell fish.

It is important to understand that some children can become seriously ill by eating or simply coming in contact with these foods.

In line with our school’s policy on Anaphylaxis, we are asking parents to avoid sending nuts and nut products in your child’s lunch or play lunch. This also extends to excursions and class parties when they arise.

As a school we are committed to:
- providing, as far as practicable, a safe and supportive environment in which students at risk of anaphylaxis can participate equally in all aspects of the student’s schooling;
- raising awareness about allergies and anaphylaxis in the school community;
- actively involving the parents/carers of each student at risk of anaphylaxis in assessing risks, developing risk minimisation strategies and management strategies for the student; and
- ensuring that each staff member has adequate knowledge of allergies, anaphylaxis and emergency procedures.

NB: Parents please ensure the school is aware if your child is Anaphylactic. Please ensure the school has your child’s action plan and an up to date epipen.

Parent Teacher Interviews
Parent Teacher Interviews will be held on Tuesday 21st and Wednesday 22nd June. Information on how to book a time online will be in next week’s newsletter. A hard copy of the note and instructions will also be sent home next week. Reports will be sent home on Friday 17th June.

Leanne Bradney
Principal
What next now my child can ‘read’?
Learning to read is a complex process. In the beginning, the focus of reading instruction is on learning to instantly recognise high frequency words and applying various strategies to decode unknown words. There is often much adult support for students in this phase of their reading. Although a child may be able to read ‘all’ the words independently, there is far more to being a good reader than just being able to read the words accurately. Just as important is being able to understand what has been read and thus even when a child can read independently it is crucial they still have opportunity to read to an adult. So the answer to the question above … keep listening to your child read as often as possible but change the focus from supporting them to decode to developing their comprehension.

- Talk to your child about their book;
- Encourage them to make predictions about the story before they begin reading;
- Discuss the pictures, the characters, how they think the story will end, and their favourite part;
- Assist your child to connect their own experiences with the text;
- Encourage your child to create a mental picture as they read;
- Ask your child a variety of questions about what they have just read and support them to locate the information they require to answer correctly. Include questions that require your child to make inferences;
- Identify and discuss new vocabulary with your child, assisting them to use context clues such as other words, phrases and sentences surrounding the unfamiliar word that might give clues to its meaning;
- Ask your child to retell the story after they have read.

http://www.topmarks.co.uk/Parents/ten-tips-on-hearing-your-child-read
http://slideplayer.com/slide/8072446/#

Auskick
At Parkdale Auskick we are working with the AFL to set up a program at our regular Auskick sessions for children with special needs. The AFL Victoria Access All Abilities (AAA) program we are seeking to implement is designed to ensure that children of all abilities have the opportunity to participate in Auskick and that Auskick centres are as inclusive as possible. A great example of a AAA program is the Irabina Auskick centre in Bayswater. Irabina caters for children on the Autism spectrum and has seen children who previously found it difficult to engage in their local centre thrive with the help of specially trained coaches. Side by Side Auskick centres are the most common type of AAA centre being set up across Victoria. AAA centres are designed to integrate into an existing Auskick centre by simply adding another group to the existing structure. This group is supported by specially trained AFL coaches who can help support any child that may need a little bit of extra time and space to develop their skills. This is the model that Parkdale Auskick will be adopting. At Parkdale Auskick we have over 250 registered boys and girls participating every week with regular Saturday morning sessions and a special Friday evening session once a month, all at Walter Galt Reserve. All our coaches are AFL accredited and have working with children authorisation. We have a committee of management that runs Parkdale Auskick and we work closely with the AFL throughout the year. Children turning five in the current year and up to twelve years old can participate. We are keen to gauge interest and have children register in the proposed Parkdale Auskick AAA program. Our contact details are:

Parkdale Auskick AAA program contact: Glenn Stewart
Email: Parkdale.Auskick@tpg.com.au
Phone: 0404 000 706.

We are hoping to have the AAA program up and running by the early June and this will obviously depend on interest. Once a family contacts us we will take it from there and will keep you informed of progress. There will be no charge for participation this year and all activity is covered by insurance through the AFL. Related AFL information for the AAA program can be found at:
Thankyou for your assistance and if there are any questions please contact Glenn as per above.
AND NOW A WORD FROM MRS RICHARDS

Last week we explored the concept of Mindfulness and we have had some really positive feedback from parents as to how much their children enjoyed and benefitted from the mindfulness activities that were done across the week. Martin from The Resilience Project held the children in the palm of his hand on Friday and we were so impressed that we are now investigating using this program across the school next year. Keep your eyes and ears open for a parent information evening in Term 1!

One of the big messages that was delivered on Friday was the importance of gratitude. Gratitude or appreciation for the good things that happen in life is a really important part of building happiness. Feeling grateful just happens sometimes, but you can also make a special effort to increase how often you feel it.

Increasing gratitude is useful because:

- It’s an instant mood booster and feels great in the moment
- You’re likely to feel closer to friends and family
- You’re likely to enjoy your life more
- It’s good for your physical health
- It’s easier to cope with tough times
- Good things in life don’t stick in our heads as easily as bad events

This last point is really important. When bad things happen, we don’t really forget it, and people can spend a lot of energy thinking about what makes them unhappy. But, if you make an effort to increase how often you experience gratitude, it can balance out some of the negative stuff.

An easy way to encourage this in children is to try to make it part of your daily routine at the end of the day. It could be over the dinner table where everyone takes a turn to say something about their day that was really good and that they are grateful for or it can be encouraging children to think about 2 things that they are grateful for as they go to sleep at night so that they go to sleep thinking happy thoughts as opposed to worrying ones.
**WHAT’S HAPPENING?**

**PREP**
The Preps had so much fun during their first *STOMP* session last week and learnt some wonderful new dance moves! We have *STOMP* again this Friday and we will be learning Yoga.

This week we have been learning about ‘w’. Next week our letter is ‘Ll’ and our CAFÉ focus is ‘Read at a just right rate’.

It is an exciting week as we will be writing a letter to a friend in the class, then posting it. Each child is required to bring in a stamp for us to do this.

**GRADE 1**
We had a lovely time last week practising ‘Mindfulness’. The children had a great time listening to Martin from the *Resilience Project* and enjoyed brainstorming all of the things that that are grateful for in their lives! You may have heard them using the term ‘DIS’ to show their gratitude for all that they have.

The incursion gave us a great opportunity to combine our focus of *Mindfulness* with the *MYTERN* language and remind children that they can use their PETs and be grateful for what they have instead of worrying about what they don’t have. You can help your child with this at home by encouraging them to think of two things that have gone well for them each day, or two things that they are grateful for.

We are looking forward to our kite incursion next Thursday, where the children will have the opportunity to learn all about different types of kites and how they work!

**GRADE 2**
Our CAFÉ focus this week and next week is ‘Expand Vocabulary’ Use dictionaries, thesauruses and glossaries as tools’. See the ‘Parent Pipeline’ on our website page for how you can help your child with this strategy at home.

We started our new Maths topic, ‘Making and Sharing Groups,’ which we will continue for the next three weeks. Some of the concepts being covered over the next week or two include: multiplication as repeated addition, building arrays, multiplication stories and facts. Please encourage your child to use Mathletics and other websites and apps to consolidate their learning.

The children are continuing to build their Science knowledge and vocabulary through a range of hands-on activities as part of our ‘All Mixed Up’ Inquiry.

They would love the chance to create and/or separate some more of their own ‘Marvellous Mixtures’ at home, to explore this topic further.

**GRADE 3**
The children thoroughly enjoyed *The Resilience Project* incursion last Friday. It was a fantastic afternoon with the main theme of the incursion surrounding appreciation and gratitude. The students have made gratitude hearts which are displayed around the school. Please stop and have a look at these as you walk around.

We are moving on from the space component of our theme and exploring the geological side of Earth from next week.


**GRADE 4**
Camp Reminders
We are currently finalising numbers and parent helpers for our upcoming camp. Several children have not yet returned their permission forms. If you have misplaced yours, please see your class teacher. We can give you another. We will be notifying parents over the next fortnight so you can organise work commitments and family in advance.

Congratulations to the recipients of *AR Certificates* this week: Danya R, Aithan N, Joel Mc, Renee H, Shelby S, Xavier H, Kaylah J and Charlie H.

**GRADE 5/6**
Our students have all had a wonderful incursion this week, linked with our *Bizarre Bazaar* marketing theme. All students were involved in the production of a Radio Show, a Television Show and a group Animation. This was a fabulous opportunity for the children to develop both technical and oral skills.

Regarding Inter-School Sport: A Teams are playing Parktone Away and our B teams have a Bye.

**PSW SCHOOLWEAR - Uniform Shop**
Please be aware that the PSW Uniform Shop in Cheltenham will be **closed on Tuesday, 14 June** 2016 for stocktake.

It will re-open on Wednesday 15th June.
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<th><strong>STARS OF THE WEEK</strong></th>
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<td><strong>Nude Food</strong></td>
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<td><strong>4H Annelise W. Lukah W.</strong></td>
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<td><strong>4M Shelby S.</strong></td>
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<td><strong>5A Ella G.</strong></td>
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<td><strong>5/6H Elias S.</strong></td>
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ATHLETICS TRIALS
TUESDAY 7TH JUNE 2016 @ DOLAMORE ATHLETICS TRACK 9.30-2.45

Are you interested in trying out for the PPS Athletics team? All students from Grades 3-6 are eligible for selection trials for this year’s team so long as you are turning 9 by the 31/12/16 (S.S.V. School Sport Victoria ruling).

Age groups: 9/10, 11 & 12/13 years
Events include: long jump, triple jump, high jump, shot put, discus, hurdles, 100m, 200m, 800m, 1500m and 4x100m relays
Entry sheets will be placed in the canteen area as of Tuesday 31st May
Place your full name and class on your chosen event form (maximum 4 events per student)
S.S.V states that a student may compete in a maximum of 2 individual events and 1 team event.
Backup date in case of inclement weather Thursday 9th June 2016

Any questions please see Mr. A : )

Computer Room News

Luke Pyke-Simmons and Ethan Imbriano the ICT Captains for 2016 are updating you on some news from the computer room.

Preps
The Preps have been using drawing and typing tools in Kidpix 3D and have had a lot of fun writing their name or something they did. They have been using the stamping and drawing tools extending their knowledge of dragging and letting go to make cool backgrounds such as under water, stage sets, beach scenes and many, many more.

Grade 1
The Grade Ones are practicing their skills on remembering the keys of the keyboard and also using 2 Publish and Kidpix. They have greatly improved their muscle memory for how to do capital letters and full stops in full sentences in word. Finally they are learning how to save their work on the network.

Grade 2
Grade 2’s are learning how to copy, paste and spell check in Word. They were great at these activities. We think this is fabulous because they learn how to work on their independence and can help others if they need it and they don’t have to ask the teacher.

Grade 3/4
The Grade 3’s and 4’s completed their excel graphs and charts. They surveyed their class on their favourite colours. They’re also starting to update their portfolios by adding 3 slides: their theme Our Earth, a Grandparent’s Day page and finally a swimming page. Luke and I think its a great thing that they are making their own digital portfolio in computer that they can then put it on a usb at the end of the year to show their parents their amazing overtime project.

Grade 5/6
The Grade 5’s and 6’s have been designing their own business cards in publisher for their market day products that they have been working hard on for the past 5 weeks. They have had fun designing them and they all have very creative minds. Last Wednesday and Thursday they’ve presented their products to the grade 3/4’s and given out their beautiful looking business cards to them.

Premiers’ Reading Challenge
Parkdale Primary School have a lot students doing the Premiers’ Reading Challenge so far we have read 316 books. Our favourite book in the school is The Ugly Truth by Jeff Kenny part of the Diary of a Wimpy Kid series. Ethan and I are glad to see a lot of kids enjoying reading and hope that they continue with their effort on improving. We hope you keep up the good work for the rest of the year.
Art Attack

This week we are featuring the Preps who have been playing with clay. All the Preps we have talked to have really enjoyed making all kinds of marvellous creations ranging from cute little creatures to mini people. Doing clay was especially fun because it was their very first time doing clay at school.

Written by your 2016 Art Captains Alex. S and Zoe. B

This week we are interviewing Maria. O, Anika. D, Sienna. L from prep T.

What have you been doing in art?

We have been playing with clay we were allowed to make anything we wanted some made snails whilst others made caterpillars and lots of other awesome things.

Has playing with the clay been fun?

Yes had a great time and laughed a lot especially when someone put a tongue on their snail.

Would you like to do clay again?

The Preps interviewed all agree they would LOVE to do clay again.

PS: Thanks to all the parents/grandparents that have provided squares to knitting club please keep them coming.

If your child is in Grade 4, 5 or 6 and interested in knitting it is on every Wednesday at lunchtime in the artroom knitting wool and needles is provided but if you want to bring your own please do, it’s much appreciated.
ENTERTAINMENT BOOK
Entertainment Books are now available from the school office OR digital books/memberships are available at www.entbook.com.au/186b788.

PPA EVENT / FUNDRAISER
Parkdale PPA proudly present “The Will To Fly”, a documentary of the Olympic journey of aerial skier, and Olympic Gold Medal winner, Lydia Lassila. The screening will be held on Friday 15th July, 7pm at Shirley Burke Theatre, Parkdale.

There are NO on the night ticket sales. Tickets MUST be pre purchased ONLINE before the 8th July via this link: https://fan-force.com/screenings/the-will-to-fly-shirley-burke-theatre-vic/

5% of ticket sale proceeds will be donated to Parkdale Primary School so invite your friends and family for a great night out!
COMMUNITY NEWS

Position Vacant Mordialloc
Do you have Administration experience? Want to get back into the workforce but still be able to do school drop off and pick up? We are a local mechanic looking for an Admin. Assistant to work 8-12 hours a week to assist in daily running of the office. For more information or a position description send an email to info@hartech.com.au

Mordialloc Community Centre Holiday Program for the June July school holidays is now available from the school office of by contacting MCC on 9580 3675 or www.mordialloccommunitycentre.org.au

Have you lost a pair of glasses? We have two pair at the office. One blue and the other black. Please call in and see if they are yours.

Open Day
Our Family and Children’s Centres open their doors on Saturday 28 May

Edithvale Family and Children's Centre 10am – 12 noon
Parkdale Family and Children’s Centre 12.30pm – 2.30pm

Come along on Saturday 28 May to check out Council’s state of the art family and children’s services at Edithvale and Parkdale.

Opened just last year, each centre offers full time and part time childcare; four year old sessional kindergarten; three year old sessional pre-kindergarten; and our Kindergarten PLUS program that delivers additional hours of learning and focuses on preparing your child for school.

Drop in and see for yourself why our centres have been independently assessed as being in the top 29% of services nationally.